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Amelia Simons is the author of The Ultimate Paleo Cleanse: 4 Weeks of Fabulous Paleo Recipes
(Skyhorse Publishing, 2014).

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Amelia Simons is the author of Paleolithic Slow Cooker Soups & Stews (3.46 avg rating, 57 ratings, 1 review, published 2012), Gluten-Free Slow Cooker (3

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