

**The Prevent And Reverse Heart Disease Cookbook:
Over 125 Delicious, Life-Changing, Plant-Based Recipes
By Ann Crile Esselstyn;Jane Esselstyn**



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Esselstyn's book, Prevent and Reverse Heart Disease (2007), influenced former U.S. President Bill Clinton. Contents. 1 Background; 2 Book and film; 3 Bibliography;

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