

# The PMA Pilates Certification Exam Study Guide By Deborah Lessen



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Deborah Lessen is the author of The PMA Pilates Certification Exam Study Guide (4.67 avg rating, 3 ratings, 2 reviews, published 2014), Exame de Certific

### **Deborah lessen | pilates anytime inc |**

She is editor and a contributor to the PMA Pilates Certification Exam Study Guide and now Acting Chairperson with Deborah Lessen, pilates method alliance board

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