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Ruth Glick, née Burtnick (b. 27 April 1942 in Lexington, Kentucky, United States) is a USA Today best-selling writer of healthy cookbooks, romance and young adult

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co-author with Ruth Glick of the new book, "Skinny Soups" (Surrey Books, Most of Ms. Baggett's soup-tasting parties have been informal get-togethers.

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Glick, Ruth, 1942-Skinny soups. Chicago, Ill. : Surrey Books : Distributed to the trade by Publishers Group West, 1992 (OCoLC)690876140: Document Type: Book:

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**Cookbooks | rebecca york**

Skinny One Pot Meals, 2nd Edition Ruth Glick, ISBN: 157284003X, Surrey Books, February 1997.  
Skinny Italian Soup s On Ruth Glick,(with Baggett), ISBN: 0025052004,

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