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Gary Craig has been deeply interested in personal improvement through psychology from an early age. He is the originator of Emotional Freedom Techniques (EFT).

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Gary Craig has 34 books on Goodreads with 913 ratings. Gary Craig's most popular book is The EFT Manual.

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Gary craig | author biography - hay house

He is the originator of Emotional Freedom Techniques (EFT). Gary is a Stanford engineering graduate, EFT for Sports Performance - Gary Craig

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