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Roxanne Edrington Roxanne began competing in triathlons and raced in the Ironman Florida in 2014. Dr. Roxanne is the author of the book Eating On the Go

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Dr. Roxanne Edrington is a doctor of Chiropractic (DC), a clinical nutritionist (CCN), Roxanne is the author of the book Eating On the Go:Traveling Lite.

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