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1. Young JE. Cognitive therapy for personality disorders: A schema-focused approach. Sarasota, FL: Professional Resource Press; 1994. 2. Beck JS.

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1. Maturitas. 2013 Sep;76(1):5-9. doi: 10.1016/j.maturitas.2013.05.008. Epub 2013 Jun 14. Cognitive behavioural therapy with older people. Wilkinson P.

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