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## **Russ Hellickson (author of an instructional guide)**

Russ Hellickson is the author of An Instructional Guide to Amateur Wrestling (2.00 avg rating, 1 rating, 0 reviews, Russ Hellickson's Followers. None yet.

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### **Andrew baggot (author of an instructional guide to**

Andrew Baggot is the author of An Instructional Guide to Amateur Wrestling (2.00 avg rating, 1 rating, 0 reviews, published 1987)

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