

# **Acupressure: How To Cure Common Ailments The Natural Way By Michael Reed Gach**



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Established by Michael Reed Gach, acupressure is gaining in popularity among various groups of Ways to Use Acupressure For Relieving over 50 Common Ailments.

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Acupuncture is known to treat a wide range of disorders including: chronic cough, laryngitis, sore throat, influenza and the common cold.

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Michael Reed Gach, PhD, Dipl ABT, founded the Acupressure Institute in 1976, one of the leading international training schools in Asian bodywork.

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